



# Trail Mix Truffles

Makes 8 servings

## Ingredients

¼ cup dried apricots  
¼ cup apple butter  
2 tablespoons golden raisins  
1 tablespoon reduced-fat peanut butter  
½ cup low-fat granola  
¼ cup graham cracker crumbs - divided  
¼ cup mini chocolate chips

1 tablespoon water

For the frosting:

8 ounces ⅓-less-fat cream cheese  
¼ cup powdered sugar  
2 teaspoons vanilla extract

## Instructions

1. Blend apples, apricots, apple butter, raisins and peanut butter in food processor until smooth.
2. Stir in granola, 1 tablespoon crumbs, chocolate chips and water.
3. Place remaining crumbs in bowl.
4. Shape tablespoonfuls of mixture into balls; roll in remaining crumbs.
5. Cover; refrigerate until ready to serve.

## Nutrition Facts

Serving size: 1 truffle; calories per serving: 121; total fat: 4g; saturated fat: 1g; cholesterol: 0mg; sodium: 14mg; carbohydrates: 20g; fiber: 2g; sugar: 0g; protein: 3g

Source: [www.healthdiscovery.net](http://www.healthdiscovery.net)

