



Cucumber Salad

Makes 4 servings

Ingredients

2 cups sliced cucumber
1 small red onion, sliced
½ cup distilled white vinegar

Instructions

1. Place ingredients in a medium-sized bowl, stir and cover.
2. Refrigerate overnight.
3. Stir again, mixing water pulled from cucumbers with other ingredients.
4. Serve cold.

Nutrition Facts

Serving size: ¼ recipe; calories: 15; carbohydrates: 4g; protein: .5g; fat: .1g; saturated fat: 0g; sugars: 1.6g; fiber: .6g; cholesterol: 0mg; sodium: 2mg

Created by Kristin Scott and verified by BlueCross Food Services