

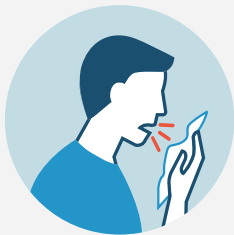
# Coronavirus Disease (COVID-19)

Coronaviruses are a large family of viruses that may cause illness in people. COVID-19 is a respiratory disease caused by a new coronavirus.

## Symptoms of COVID-19 can include:



FEVER



COUGHING



DIFFICULTY BREATHING



CHILLS



REPEATED SHAKING WITH CHILLS



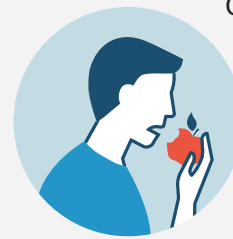
MUSCLE PAIN



HEADACHE



SORE THROAT



NEW LOSS OF TASTE OR SENSE OF SMELL

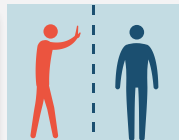
## Stay healthy and stop the spread of germs.



Wash your hands often.



Use an alcohol-based hand sanitizer.



Avoid close contact with people who are sick.



Avoid touching your eyes, nose and mouth.



Cover your cough or sneeze with a tissue.



Clean and disinfect frequently.



Stay home when you are sick.

Check out [www.BlueOptionSC.com/COVID-19](http://www.BlueOptionSC.com/COVID-19) for more information.

**Blue Option**<sup>SM</sup>

BlueChoice HealthPlan is an independent licensee of the Blue Cross and Blue Shield Association.