



## Your Key To Understanding Your Claims

Keep track of your medical and dental services by checking each Explanation of Benefits, or EOB. You can choose whether to receive your EOBs by text, email or regular mail.

### What You'll See On Your EOB

Whenever you use your health or dental insurance, we send you an EOB. It shows you:

- How much the doctor charged.
- How much your health plan paid.
- The amount applied toward your deductible.
- How much you may still owe.

### Why Look at Your EOB?

Your EOBs help you keep track of your medical spending. They also help you check that your health care providers have billed you correctly. You can:

- Compare your medical or dental bills with the EOB to make sure you're being billed — and paying — the correct amount.
- Share your EOB with your provider if you notice any differences.

### Sign Up for Digital Delivery

Get notifications through text or email as soon as a new EOB is available. You can set your contact preferences when you first register for My Health Toolkit®.

My Health Toolkit keeps a record of your claims for you, highlighting which claims are new. You can mark claims as paid or add personal notes for your records.



Get easy access to your EOBs through the My Health Toolkit app or scan this QR code with your smartphone camera, tablet or QR code scanner to link to [www.BlueOptionSC.com](http://www.BlueOptionSC.com). Log in to My Health Toolkit to view your EOBs.

Focus on life. Focus on health. *Stay focused.*

**Blue Option**<sup>SM</sup>

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