



## Doctor Visits Anytime, Anywhere for Less Than \$35\*



With Blue CareOnDemand, your employees can visit with a doctor via smartphone, tablet or computer rather than visiting an office or urgent care facility.

### Services Available With Blue CareOnDemand

**Urgent Care:** Skip the waiting room for common issues such as cold and flu symptoms, sinus infections, ear infections, and more.

**Behavioral Health:** Schedule an appointment with a mental health professional to help with life's challenges.

**Breastfeeding Support:** Meet with a lactation consultant for common questions and issues associated with breastfeeding.

### Get Started Now

There are two easy ways for your employees to use Blue CareOnDemand:

- From a mobile phone or tablet, download the **Blue CareOnDemand** app for an Apple or Android device.
- From a computer, go to [www.BlueCareOnDemandSC.com](http://www.BlueCareOnDemandSC.com).



\*Members enrolled in high-deductible health plans must meet any deductible and coinsurance requirements. Blue CareOnDemand is not a replacement for your primary care doctor. You should continue scheduling office visits for regular checkups and preventive care. For true emergencies and life-threatening issues, go to the emergency room or call 911. The cost of Blue CareOnDemand visits varies by visit type and provider selected and is subject to plan benefits.

Focus on life. Focus on health. *Stay focused.*

# Blue Option<sup>SM</sup>

BlueChoice® HealthPlan of South Carolina is an independent licensee  
of the Blue Cross® Blue Shield® Association.