Coverage Period: 01/01/2023 – 12/31/2023

BlueChoice HealthPlan : Blue Option M / Gold 3000 HD

Coverage for: Individual/Family | Plan Type: HDHP

The SBC shows you how you and the plan would

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-855-816-7636 or visit us at www.BlueOptionSC.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-800-868-2528 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$3,000 / Individual or \$6,000 / family for in-network	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$3,000 / Individual or \$6,000 / family for in-network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.BlueOptionSC.com or call 1-855-816-7636 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common	Common What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Primary care visit to treat an injury or illness	0% coinsurance	Not Covered	Blue CareOnDemand covered at 0% coinsurance
If you visit a health	Specialist visit	0% coinsurance	Not Covered	None
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	0% coinsurance	Not Covered	Preauthorization is required.
•	Imaging (CT/PET scans, MRIs)	0% coinsurance	Not Covered	
If you need drugs to treat your illness or	Tier 1 Tier 2	0% coinsurance/retail prescription; 0% coinsurance/mail order prescription 0% coinsurance/retail prescription; 0% coinsurance/mail order prescription	Not Covered	You will have to pay more if you select a nongeneric drug instead of its less expensive Covered generic drug (or Covered over-the-counter alternative).
More information about prescription drug	Tier 3	0% coinsurance/retail prescription; 0% coinsurance/mail order prescription	Not Covered	
coverage is available at https://www.blueoptionsc.com/formulary	Tier 4	0% coinsurance/retail prescription; 0% coinsurance/mail order prescription	Not Covered	
	Tier 5	0% coinsurance/retail prescription; 0% coinsurance/mail order prescription	Not Covered	Specialty medications are not available through the mail order program for a 90-day supply. This only applies to generic or brand drugs in these tiers. Not Covered: Drugs designated as excluded on the Prescription Drug List.

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.blueoptionsc.com.

Common	Common What You Will Pay		Limitations, Exceptions, & Other Important		
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Tier 6	0% coinsurance/retail prescription; 0% coinsurance/mail order prescription	(roa wiii pay tile illost)		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% coinsurance	Not Covered	Preauthorization is required.	
Juligory	Physician/surgeon fees	0% coinsurance	Not Covered	Preauthorization is required	
	Emergency room care	0% coinsurance	Not Covered	In order for Emergency Room care to be covered, care must be for an Emergency Medical Condition	
If you need immediate medical attention	Emergency medical transportation	0% coinsurance	Not Covered	Special rules apply to air ambulance	
	Urgent care	0% coinsurance	Not Covered	Must be at a participating Urgent Care provider.	
If you have a hospital	Facility fee (e.g., hospital room)	0% coinsurance	Not Covered	Preauthorization is required	
stay	Physician/surgeon fees	0% coinsurance	Not Covered	None	
If you need mental health, behavioral	Outpatient services	0% coinsurance	Not Covered	Some services require Preauthorization except	
health, or substance abuse services	Inpatient services	0% coinsurance	Not Covered	for urgent care.	
	Office visits	0% coinsurance	Not Covered		
If you are pregnant	Childbirth/delivery professional services	0% coinsurance	Not Covered	Preauthorization is required No additional co-pay for ongoing routine care	
	Childbirth/delivery facility services	0% coinsurance	Not Covered	Home births are not covered.	
	Home health care	0% coinsurance	Not Covered	Preauthorization is required; 60 visits/year	
If you need help recovering or have	Rehabilitation services	0% coinsurance	Not Covered	Preauthorization is required; 30 visits/year. Includes physical therapy, speech therapy, and occupational therapy	
other special health needs	Habilitation services	0% coinsurance	Not Covered	30 visits/year	
IICGUS	Skilled nursing care	0% coinsurance	Not Covered	Preauthorization is required; 60 days/year	
	Durable medical equipment	0% coinsurance	Not Covered	Preauthorization is required; up to purchase	

^{*} For more information about limitations and exceptions, see the plan or policy document at www.blueoptionsc.com.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
				price	
	Hospice services	0% coinsurance	Not Covered	<u>Preauthorization</u> is required; 6 months per episode	
	Children's eye exam	\$15	Not covered	One comprehensive exam every Benefit Period. Refer to your plan document for a full list of limits/exceptions.	
If your child needs dental or eye care	Children's glasses	\$25	Not covered	\$150 will be allowed toward the purchase of frames, lenses, lens options or contacts Refer to your plan document for a full list of limits/exceptions. Consult your PEN Provider for more information on discounts for which you may be eligible	
	Children's dental check-up	Balance over \$50	Not covered	No dental network out-of-network	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Acupuncture

Bariatric Surgery

• Chiropractic Care

Cosmetic Surgery

Hearing Aids

Infertility Treatment

Long Term Care

Private Duty Nursing

Routine Foot Care

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Dental Care (Adult)
- Non-emergency care when traveling outside the U.S.

• Routine eye care (Adult)

 Weight Loss Programs (when participating in approved program)

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.blueoptionsc.com.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: BlueChoice HealthPlan at 1-855-816-7636 or visit www.BlueOptionSC.com, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform, or the South Carolina Department of Insurance, Consumer Services Division, Post Office Box 100105, Columbia, SC 29202-3105, telephone: 803-737-6180, Email: consumers@doi.sc.gov.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-868-2528

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-868-2528

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-868-2528

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-868-2528

To see examples of how this plan might cover costs for a sample medical situation see the next section

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^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.blueoptionsc.com.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$3,000
■ Specialist copayment	0%
■ Hospital (facility) coinsurance	0%
■ Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$3,000	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$3,060	

\$12,700

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
■ Specialist copayment	0%
■ Hospital (facility) coinsurance	0%
■ Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (alucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing	
Deductibles*	\$3,000
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$3,020

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$3,000
■ Specialist copayment	0%
■ Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)

Durable medical equipment *(crutches)* Rehabilitation services *(physical therapy)*

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing		
Deductibles*	\$2,800	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,800	

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: www.BlueChoiceSC.com or by calling 1-800-868-2528..
*Note: This plan may have other <u>deductibles</u> for specific services included in these examples. See "Are there other deductibles for specific services?" row above.